



## Peak Foliage Weekend Experiences – 2022

### Friday, October 14, 4pm:

- [Cycling: Sunderland Farm Tour](#)
- [Hiking: Mt. Toby](#)
- [Mt. Warner Sunset Paddle](#)

### Saturday, October 15, 9am:

- [Hiking: Seven Sisters Traverse – Mt. Holyoke Range](#)
- [Deerfield River Paddle](#)
- [Cycling: Mt. Toby Circuit](#)

### Saturday, October 15, 3pm:

- [Hiking: Mt. Norwottuck](#)
- [Cycling: Mt. Toby Circuit](#)
- [Mt. Warner Sunset Paddle](#)
- [Cycling: River Road Loop](#)

### Sunday, October 16, 10am:

- [Forest Bathing at Bullitt Reservation](#)
- [Cycling: Sunderland Farm Tour](#)
- [Hiking: Mt. Toby](#)
- [Sunderland Islands Paddle](#)